



PREOPERATIVE INSTRUCTIONS

1. If you are under the age of 18, a parent or guardian must escort you. The parent / guardian will need to sign the surgery consent form.
2. Please advise your doctor if there is any chance of you being pregnant. Surgery, anesthetics or any other medication may significantly harm your developing baby, especially during the first trimester, if you are pregnant or planning to become pregnant.
3. If you are using oral contraceptives it is important that you understand that antibiotics may interfere with the effectiveness of oral contraceptives. Therefore, you will need to use an additional form of birth control for one complete cycle of birth control pills; after a course of antibiotics. Please consult your physician for further guidance.
4. Please stop taking aspirin or any compounds containing aspirin that promote bleeding at least 3 days prior to your surgery. Please discuss other blood thinners with the surgeon or your medical doctor.
5. No smoking at least 8 hours prior to surgery.
6. If you have an illness such as a cold, cold sores, sore throat, stomach or bowel upset, please notify the office.

FOR PATIENTS RECEIVING IV SEDATION ADDITIONAL INSTRUCTIONS APPLY

7. **Nothing to eat or drink after midnight on the night before surgery.** If surgery is to be performed in the afternoon then the patient should have nothing to eat or drink for at least six hours prior to surgery.
8. Any medications that are normally taken should be taken with a sip of water, unless otherwise instructed by the doctor.
9. **A responsible adult must accompany the patient, remain in the waiting room for the entire time of the surgical procedure and transport the patient from the facility to home, and remain with the patient until the next morning.**
10. **Surgery will not begin without an escort present.** This person must be able to drive since the patient will be unable to drive for at least 24 hours after the sedation. (The person driving the car and the car must remain on the premise, so that when the patient is ready to be discharged he / she will not have to wait on ride to return.) In addition, the patient should not operate any machinery, physically exert oneself, or sign anything legally binding.
11. Comfortable clothes, with loose or short sleeves, should be worn to help with the starting of the IV line to administer sedation and also to help with the placement of monitoring equipment. Flat comfortable shoes should also be worn. No flip-flops please.
12. Contacts should not be worn the day of surgery.
13. Do not wear excessive makeup; lipstick, jewelry or nail polish on the day of the planned surgical procedure. (dark nail polish or artificial nails may have to be removed in order to monitor your condition during surgery)